

	Walmart (Great Value)	Farm Fresh (Everyday Essential or RichFoods)	Martins (Giant)	Kroger
Spaghetti Sauce	\$1.50	\$1.49	\$1.29	\$0.88
White Long Grain Rice	\$2.98 (80 oz)*	\$1.39 (32 oz)*	\$1.99 (medium grain) *	\$1.00 (16 oz)*
Mac 'n Cheese (7.25 oz)	\$0.68	\$0.79	\$0.79	\$0.85
Mashed Potatoes (13.75 oz)	\$1.58	\$1.99	\$2.29	\$1.99
Spaghetti (12 oz)	\$1.10	\$1.39	\$1.00	\$1.99
Pasta Sides	N/A	\$1.19	\$0.89	\$0.89
Stuffing (6 oz)	\$1.00	\$1.19	\$1.35	\$2.69 (16 oz)*
Imitation Ritz Crackers (15.1	\$1.98	\$2.99	\$2.50	\$2.59
Generic Fruit Loops Cereal (1	\$2.48	\$2.59	\$2.69	\$2.99 (28 oz)*
Corn Bread	N/A	N/A	\$0.33	N/A
Muffin Mix	N/A	N/A	\$0.75	N/A
Cake Mix	N/A	N/A	\$1.00	N/A
Oatmeal (Variety Pack)	\$1.62	\$1.99	\$1.99	\$1.59
Oatmeal (Old Fashioned Oats	\$1.68	\$1.69	\$1.79	\$1.67
Cocoa	N/A	N/A	\$1.69	\$2.19
Kool-aid Mix	\$0.12	N/A	N/A	\$0.16
Decaf Tea Bags	\$2.38	\$2.99	\$2.79	\$2.37
Crystal Light	\$1.98	\$2.49	\$2.00	\$2.19
Soup	\$0.98	\$1.49	\$0.99	\$1.00
Corn	\$0.68	\$0.99	\$0.99	\$0.59
Green Beans	\$0.68	\$0.99	\$0.99	\$0.69
Mixed Vegetables	\$0.68	\$0.99	\$0.99	\$0.59
Yams	N/A	\$1.19	\$2.59	
Carrots	\$0.68	\$0.99	\$0.99	\$1.19
Tuna	\$0.78	\$1.19	\$0.99	\$0.79
Canned Chicken	\$0.98	\$1.19	\$1.59	\$1.49
Pineapples	\$0.96	\$1.19	\$1.19	\$1.17
Oranges	\$0.98	\$1.49	N/A	\$1.19
Mixed Fruit Cocktail	\$0.98	\$1.59	\$1.19	\$1.19
Peanut Butter (28 oz)	\$3.36	\$2.99	\$3.99	\$3.69

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Hunts Spaghetti Sauce (26.50 fl oz)	\$0.98	\$1.59	\$0.99	\$1.00
Mahatma Rice (32 oz)	\$2.16	\$2.79	N/A	\$2.49
Kraft Mac 'n Cheese (7.25 oz)	\$1.28	\$1.39	\$1.59	\$1.65
Idahoan Mashed Potatoes (13.30 oz)	\$1.72	\$2.49	\$1.99	\$2.49
Barilla Spaghetti (16 oz)	\$1.28	\$1.99	\$1.29	\$1.39
Ramen Noodles (1 Pack)	\$0.20	\$0.30	N/A	\$0.20
Knorr Pasta Sides	\$1.00	\$1.39	\$1.00	\$1.00
Pepperidge Farm Stuffing	\$2.48	\$2.99	\$2.99	\$2.99
Ritz Crackers (13.7 oz)	\$2.50	\$2.00	\$2.79	\$2.77
Fruit Loops Cereal (12.2 oz)	\$2.96	\$3.69	\$3.49	\$5.39
Jiffy Corn Bread Mix	\$0.48	\$0.59	\$0.55	\$0.50
Martha White Muffin Mix (7 oz)	\$0.98	\$1.39	N/A	\$1.00
Duncan Hines Cake Mix	\$1.28	\$2.19	\$1.99	\$1.75
Quaker Oats Variety Pack	\$2.50	\$3.99	\$2.69	\$2.99
Quaker Oats Old Fashion Oatmeal	\$2.48	\$3.19	\$2.99	\$3.19
Nestle Hot Cocoa	\$1.00	\$2.49	\$2.29	\$1.49
Kool-aid Mix	\$0.20	\$0.25	\$0.25	\$0.19
Lipton Tea Bags (48 Bags)	\$2.78	\$3.19	N/A	\$2.59
Crystal Light (3.20 oz)	\$2.68	\$3.49	\$3.29	\$2.99
Campbells Condensed Soup	\$1.25	\$1.79	\$1.59	\$1.50
Del Monte Corn (15 oz)	\$0.68	\$1.29	\$1.29	\$0.80
Del Monte Green Beans (14.50 oz)	\$0.68	\$1.29	\$1.29	\$0.80
Del Monte Mixed Vegetables (15 oz)	\$1.18	\$1.29	\$1.29	\$0.80
Bruce's Yams (29 oz)	\$1.78	\$2.79	\$1.99	
Del Monte Carrots (14.50)	\$1.18	\$1.29	\$1.29	\$0.80
Chicken of the Sea Tuna (5 oz)	\$0.98	\$1.19	\$1.09	\$0.99
Hormel Chuck Chicken (10 oz)	\$2.38	\$3.49	\$3.15	\$3.49
Del Monte Pineapples (20 oz)	\$1.38	\$1.99	\$1.39	N/A
Del Monte Mandarin Oranges (15 oz)	\$1.38	\$1.79	\$1.59	N/A
Del Monte Mixed Fruit Cocktail	\$1.25	\$1.79	\$1.59	N/A
Jif Peanut Butter (28 oz)	\$3.98	\$5.19	\$4.79	\$5.19